

# BIRTH TO EARTH

Toi Tangata, Toi Whenua



You're invited to take part in the annual whenua (placenta) burial at the Henley Lake Whenua Garden.

This event is free to attend but registration is required. To register, send your name and contact details to [manishaj@mstn.govt.nz](mailto:manishaj@mstn.govt.nz) or send a message to Masterton District Council on Facebook.



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## In recognition of people In recognition of Mother Earth

A placenta is called the Tree of Life because it resembles a tree and is associated with motherhood. It is a common tradition in Māori culture to bury the whenua (placenta) and pito (umbilical cord) of newborn babies in a significant place. Some believe that returning the placenta to the earth nurtures the child's bond with the land.

Some things to remember:

- You need to register for this event.
- Please bring a spade.
- Ipu whenua or biodegradable bags will be required.
- Bags can be provided on the day.